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Prevent, Detect, & Contain

Comprehensive Safety Solutions Guide for K-12 Schools
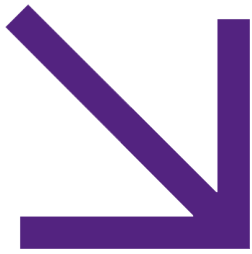
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School safety is not defined by one product, one process, or one person. It is comprehensive, integrated, and requires the efforts of students and staff to create peaceful learning and working environments.

Addressing safety can feel like navigating through an ocean of icebergs where each represents a safety issue or concern. It can be challenging to understand the magnitude of a potential impact and get beneath the surface to understand the different types of risks your school faces.

Certain individual products, processes, and people can act like binoculars or lookouts to easily identify the tip of the iceberg — aka the issue. But without comprehensive tools, integrated processes, and coordinated teams of people, you will not be able to determine the size and magnitude of the icebergs to navigate around them safely.

It's possible to navigate the surface and take a deeper dive regarding your school's safety. The following guide provides comprehensive safety solutions to help you identify those issues, minimize risk, and create safer, healthier learning and working environments for your students and staff.

Comprehensive Safety Solutions: Prevent, Detect, & Contain

It's important to understand the school safety trends as you set out on your journey. Unfortunately, school shootings, student suicide, and (cyber) bullying/hate speech have increased.

According to the Report on Indicators of School Crime and Safety: 2020

School shootings rose 582% between 2009 and 2020

The suicide rate of young women between 15 and 29 doubled between 2007 and 2015

The suicide rate of young men ages 15 to 19 increased by 30% between 2007 and 2015

Turning to bullying/hate speech since the start of the pandemic, there has been a 70% uptick in instances of hate speech between kids and teens driven in part to stress, loneliness, and greater access to phones/ social media as students had to learn remotely.

To take on the safety and wellness issues facing schools, you need to have comprehensive safety solutions (CSS).

CSS are a connected framework with Prevent, Detect, and Contain programs, processes, and people. Together they help students and teachers to identify and respond to individuals before the issues or concerns escalate into a crisis.

Figure 1.1 – Comprehensive Fire Safety

TO PREVENT A FIRE

– **Educate on fire risks & safety**
– **Never leave burning fireplace unattended**
– **Keep ignitable items securely stored**

TO DETECT A FIRE

– **Install a smoke detector**
– **Install heat detector**
– **Install a flame and fire gas detector**

TO CONTAIN A FIRE

– **Install sprinkler, foam, or chemical system**
– **Use a fire extinguisher**
– **Smother with wet towel or blanket**

As a connected framework, no one part of the CSS can stand on its own. Instead, all work together and complement one another. To illustrate this point, think of fire safety in the realm of prevent, detect and contain. Together they can help prevent or stop nearly every type of fire. However, if you were to remove any part of prevent, detect, or contain, stopping or preventing a fire would become significantly more difficult.

School safety is no different. A CSS framework ensures you have a complete prevention, detect, and containment framework for maximum protection, security, and peace of mind.

Here are definitions and solutions recommended for each part of the CSS framework:

Solutions | Prevent

You may have heard the phrase "prevent the preventable." If you have the tools to get ahead of the issue, the odds are very good that you will prevent it from ever becoming a significant risk or problem.

Here are the types of programs, processes, and people who can "prevent the preventable" and stop an issue from ever happening.

Programs
- SEL Curriculum
- Safety Curriculum
- Trauma-Informed Care
- Student 24/7 Crisis Help
- Self-Help Resources

Processes
- Gated Guest Check-In & Clearance
- Diverse & Inclusive Culture
- Student Safety Clubs / Events
- PBIS or Other Restorative Discipline
- Campus Safety Audit / Inspection

People
- School Psychologists
- Social Workers
- SROs
- Student & Staff
- Safety Ambassadors

Prevention programs educate students and staff on personal, social, and emotional learning such as self-control, anger management, and resiliency. These programs address topics like suicide prevention, recognizing signs of individuals at-risk, and prevention of sexual abuse and molestation. Programs provide students with resources such as access to 24/7 crisis hotlines, self-help resources, and/or community services.

Prevention processes and people foster safe cultures and environments through gated campuses, owning and evolving their campus culture, and creating safety nets through restorative discipline and mental wellness support.

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PREVENT

STOPit Solutions offers two prevention programs that feed into processes and people – **SEL, Safety, & Wellness Training** curriculum and our integrated **24/7 Crisis Text Line**.

SEL, SAFETY, & WELLNESS CURRICULUM

Professionally developed online video training curriculum in social and emotional learning, safety, and trauma-informed wellness care for students in grades 5-8 and 9-12. Each topic is 20-30 minutes and is supported by in-class or school activities.

Example of Curriculum Topics:

- ✓ Mental Health & Wellness 101
- ✓ Abuse & Addiction
- ✓ Stress & Anxiety Management
- ✓ Self-Control & Anger Management
- ✓ Suicide Prevention
- ✓ Sexual Abuse & Molestation
- ✓ Creating Connected & Inclusive
- ✓ Cultures
- ✓ Brain Basics
- ✓ Resiliency & Coping Skills
- ✓ Teaching Empathy & Compassion

24/7 Crisis Text Line

Crisis Text Line provides free, 24/7, high-quality text-based mental health support and crisis intervention. Students speak to a live, trained Crisis Counselor who helps move individuals from a hot to a cool place.

Examples of Topics Students Get Help For:

- ✓ Suicide / Suicide Ideation
- ✓ Anxiety
- ✓ Depression
- ✓ Eating Disorders
- ✓ Emotional & Physical Abuse
- ✓ Self-Harm
- ✓ Loneliness
- ✓ Bullying
- ✓ Hate Speech
- ✓ Harassment

Solutions | Detect

Detection goes hand in hand with prevention by leveraging technology to identify issues and concerns before they evolve into more serious situations. Detection is critical to "uncovering the unseen" and "intervening on the imminent."

The following are detection programs that every school should consider when building a CSS for their students and staff:

Programs

- Anonymous Reporting Systems
- Device & Network Surveillance
- Video & Audio Technology
- Violence prediction technology
- Door & Sound/Scream Sensors
- Climate & Student Surveys
- Metal detectors & X-ray machines
- Social media monitoring

Detection Programs arm students and staff with tools to uncover, alert, and report on issues, concerns, events, and actions individuals may be taking that could result in them hurting themselves or others physically or emotionally.

Did you know that STOPit Solution's Network & Device Safety Solution is powered by Bark for Schools+™?

Here are some of the issues Bark for Schools and Schools+ have identified in schools nationwide:

- 16,100,000 Issues Identified on Google & Microsoft Accounts
- 270,000+ Students Involved in Severe Bullying
- 69,000+ School Accounts Used for Illicit Drug Distribution and Discussions
- 36,000 +Students Expressing Self-Harm, Cutting, or Suicidal Thoughts

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DETECT

STOPit Solutions offers two detection programs designed to help individuals help others and uncover at-risk behaviors and actions across school-issued devices, files, and networks.

STOPit Anonymous Reporting System and **BARK for Schools+.**

STOPIT ANONYMOUS REPORTING SYSTEM

Allows individuals to anonymously report safety, misconduct, or compliance concerns to school officials via app, website, or phone call.

Features:

- ✓ Warning sign training for students
- ✓ A 24/7/365 incident response center to receive and monitor all submissions
- ✓ Accredited incident response specialists
- ✓ Alert system for school officials
- ✓ App & web incident management system
- ✓ Seamless documentation
- ✓ Team communications for information sharing
- ✓ Two-way messaging with the submitter
- ✓ Inappropriate media blocking
- ✓ Personalized reporting
- ✓ Cloud-based system for easy integration

BARK for Schools+

Surveillance system scans, monitors, and filters devices, networks, and internet activity for violent, unsafe, or harmful behaviors.

Features:

- ✓ Real-time 24/7/365 scanning
- ✓ Ability to review, assess, and qualify content and activity
- ✓ Bark Incident Response Team
- ✓ 24/7 escalation of issues to school officials
- ✓ Auto-profile to identify student patterns
- ✓ A parent portal for shared responsibility
- ✓ Customization to specific school needs
- ✓ Personalized reports of issues and trends
- ✓ Inappropriate media blocking
- ✓ Data and privacy protections
- ✓ Cloud-based system for easy integration

Solutions | Contain

Connected solutions that "Prevent" and "Detect" address a majority of safety concerns head-on.

However, in the event of an emergency or identification of an at-risk individual, you need solutions to "contain" the risk and keep others safe. The following are programs, processes, and people who can be leveraged to contain an individual, situation, or event.

Programs
- Panic System & Alerts
- Emergency Comm Systems
- Threat Assessment
- Case Management

Processes
- Lock-Down
- Lock-Ins
- Active Shooter
- Plans / Checklists

People
- School Safety Team
- SROs
- School Psychologist
- Local Police

Contain programs empower school officials, safety teams, and others with the tools to respond quickly to emergencies by communicating events, actions, and status updates while instantly connecting teams to first responders for faster life-saving responses. Additionally, they help teams assess individuals to determine the level of threat they may pose to build a plan to get them the help they need.

Contain processes and people create habits that form the basis of response when there is an emergency or imminent situation while contain people help with immediate event response and post-event recovery.

CONTAIN

STOPit Solutions offers three contain programs designed to complement processes and people – **911-Direct Panic Alert System, Threat Assessment Training**, and **Threat Assessment Case Management**.

911-Direct Panic Alert System

Instantly alert, inform and request help from staff and/or 911 for any emergency or non-emergency issue, enabling faster responses, more effective actions, and better outcomes

- ✓ Accelerate Response Time
- ✓ Provides Location & Situation
- ✓ Pre-Loads Response Plans
- ✓ Collaborate With Team Members
- ✓ Document All Actions

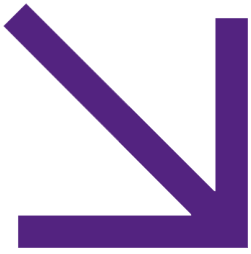## Threat Assessment Training & Case Management

Trains multidisciplinary teams to review and assess the level of risk an individual may be to themselves or others – then develop a plan to protect the individual and possible targets

- ✓ Builds Cross-Functional Teams Provides Case Study Learning
- ✓ Step-by-Step Training & Forms
- ✓ Exclusive Multiple Protocols
- ✓ On-Demand or In-Person training

Threat Assessment Case Management

Automated, step-by-step program guides teams through your school's threat assessment process to ensure consistent and compliant assessments, generate better-informed decisions and develop more impactful protection

- ✓ Supports Nation's 3 Lead Models
- ✓ Step-by-Step Instruction
- ✓ Built-in Risk Criteria
- ✓ Creates Action Plan
- ✓ Audit Trail & Real-Time Status

How a Comprehensive Collection of Solutions Is Possible

CSS are a connected framework that forms a safety net that empowers long-term protection and wellness in K-12 environments. This safety net is made possible by school safety companies that offer leading programs to address the specific needs of your school.

As you review and select your CSS, be sure that your choices:

1. Are a minimal draw on your resources and time
2. Can be a 24/7 extension of your capabilities
3. Include Industry-leading security & privacy protections
4. Offer Industry-leading onboarding, training, and sustaining year in and year out
5. Have trained responders available to support your team out-of-hours and beyond
6. Prioritize industry-leading customer service where you speak and meet with real people – not videos, bots, and other virtual humans.

Leveraging these types of solutions — and a stand-out partner who can provide programs across all 3 CSS framework areas — means greater use, engagement, and ultimately safer, healthier learning environments. Through these comprehensive solutions and industry-leading partner support, healthy and safe school environments can thrive, giving you true visibility of the entire iceberg of school issues and concerns.

Get in touch to learn more about what STOPit can do for your K-12 school's comprehensive safety plan.

Learn More

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